



## November Newsletter 2020

### Centre News & Reminders

To ensure maximum safety around the entry/exit doors we would like to remind parents that the **pinpads are for adults use only** and ask that they refrain from teaching any children the code.

Thank you to all those parents who are now enjoying our new sign in/out system. If you are still having trouble setting up your Xplor account we are happy to sit down with you and go through it, please just make sure you have access to your emails and allow yourself ten minutes or so to do it. The next step is to ensure all your contacts have been invited as Hub Guests by you so that they can then set up their access code. Also please ensure that you have gone the extra step and set up your access code, this will enable you to sign in manually using your phone number and the access code. Until this is all under way, we will be only using the sign in and out and notification components. In the meantime, we will be training our team on the Playground app so we will be ready to roll out and introduce the rest of the program to our families.

We are still in need of old pots, pans and utensils for our new mud kitchen that is coming soon!!

### Calendar of Events:

#### November:

- Mon 2<sup>nd</sup> -Melbourne Cup Day Celebrations
- Tues 3<sup>rd</sup> -Melbourne Cup Public Holiday
- Thurs 5<sup>th</sup> -Outdoor classroom day
- Mon 9<sup>th</sup> – Fri 13<sup>th</sup> Naidoc week
- Mon 9<sup>th</sup> - Fri 13<sup>th</sup> -National Recycling Week
- Wed 11<sup>th</sup> -Remembrance Day
- Fri 13<sup>th</sup> -World Kindness Day
- Mon 16<sup>th</sup> -Diwali Celebrations

#### December:

- Mon 7<sup>th</sup> – Fri 11<sup>th</sup> -Teddy Bears Picnic Week
- Mon 14<sup>th</sup> -Kinder Celebration Night
- Wed 16<sup>th</sup> -Centre Christmas Party
- Thurs 17<sup>th</sup> -Last day of Kinder
- Fri 25<sup>th</sup> - Christmas Day Public Holiday
- Mon 28<sup>th</sup> – Boxing Day Public Holiday

### Health & Wellbeing

If you try out our recipes at home, please take a photo and let us know what your family thought.

#### BEEF STROGANOFF WITH SWEET MASHED POTATO

##### Ingredients

- 1kg beef strips
- 1 large brown onion, diced
- 2 large carrots, diced
- 4 sticks celery, diced
- 300gms button mushrooms, sliced
- 2 tbs plain flour
- 5 cups beef stock
- 5 tbs Worcestershire sauce
- ¼ cup tomato paste
- ¼ cup natural Greek Yoghurt
- 1 large sweet potato, diced and boiled
- 2 large white potatoes, diced and boiled

##### Method:

1. Heat vegetable oil in a large pot over medium heat. Add onion, carrot and celery, cook 5 minutes or until soft.
2. Increase heat to high and add mushrooms. Cook until soft. Remove vegetables from pot.
3. Lightly coat beef strips in flour. Add a little more vegetable oil into the large pot and cook beef strips until browned. Return vegetables to pot.
4. Add beef stock, Worcestershire sauce and tomato paste. Stir to mix and bring to the boil. Reduce heat to medium low and simmer for 15 minutes, until sauce has thickened slightly.
5. Remove from heat and stir through natural yoghurt.
6. Mash both potatoes together and serve.



## A word from our rooms....

**Nursery One:** In the Nursery this month we have been enjoying playing in the sandpit, bubble play and practicing our self-help/ independence skills at routine/ transitions. The children's favorite space this month has been the home area with the dolls and cradle, often seeing them rub the baby dolls back in the cradle and using the play vacuum and broom pretending to clean the floor.

Its exciting to see the children reaching new goals of crawling and walking being able to freely move around the room.

**Nursery Two:** We are have been exploring the theme space with Space Week last month the children experienced painting planets that then contributed to the play space. With the weather warming up we will be providing more water play activities, so can you please make sure you pack a spare change of clothes. Kaitlyn our new room leader has settled in well, loving getting to know everyone and catch up with the families.

**Toddler:** Last week we took a group of Toddlers for a walk to Jackson Park they really loved the experience getting out in nature, we will make sure we do it more often. We enjoyed book with a few children and staff dressing up we enjoyed reading the Hungry Caterpillar and doing activities to go with it, we have been doing some Halloween activities skeleton pasting and a Halloween themed sensory tub.

**Junior:** Congratulations to Jess, Craig and Emersyn on the safe arrival of a beautiful boy, Jasper. Both mum and bub are doing well. Juniors have been right into the bugs and snails, Sally, James and William's mum brought in some hermit crabs for the room, so we now have our pet hermits, "thanks Sally we love them". Drink Bottles.... can we please be sure that we bring a drink bottle that has a covered mouthpiece, if you're not sure whether your child has, please talk to an educator.

**Pre-Kinder:** We have been busy bees in the Pre Kinder!! We have been learning about bees, flowers, pollen, respecting plants, and how important bees are. It's been great to see that with doing the fairy tale theme all month the children are now role playing stories in the yard like Three Little Pigs, Jack And The Bean Stalk and Rapunzel, this is really great for their social and language skills . We have started looking at recycling, a few children were role playing taking their utes to the tip which has brought up the conversations about rubbish, we will be concentrating on the recycling aspect. You may have also noticed your child talking about red and green choices, we are using this terminology with the children for making choices. If you have chosen to bring in a snack for your child , this snack needs to be a healthy choice and nut free, we do supply good healthy food here if you a worried about your child's eating please don't hesitate come and see us.

**Kinder:** So we have come to the end of Bush Kinder for the year, we feel the children really enjoyed their experiences in the bush and all the educators enjoyed this experience with them, we learnt lots. Kinder photos have been done, you will receive these on a usb at the end of the year. We have been talking about friendships with the Kinder children, we have lots of conversations about filling our buckets and also how to empty them when they get full. We have also discussed our 5 people in their circle of trust as a follow on from Brave Hearts.



## November Birthdays Children

1<sup>st</sup> Philippa (PK)

4<sup>th</sup> Zac (JNR)

9<sup>th</sup> Arianna (Todd)

9<sup>th</sup> Liana (Todd)

11<sup>th</sup> Archer (K)

11<sup>th</sup> Theo (K)

13<sup>th</sup> Maeve (PK)

15<sup>th</sup> Kyla (K)

19<sup>th</sup> Penelope (Jnr)

20<sup>th</sup> Demi (Jnr)

21<sup>st</sup> Taj (K)

23<sup>rd</sup> Ruby R.F (PK)

25<sup>th</sup> Saphron (K)

27<sup>th</sup> Scarlett (N2)

29<sup>th</sup> Aiden (K)

30<sup>th</sup> Neve (Todd)

30<sup>th</sup> Piper (Todd)

## Staff

1<sup>st</sup> Shannon. G

13<sup>th</sup> Sheryl

13<sup>th</sup> Emily

15<sup>th</sup> Beth

A big happy birthday,  
wishing you all a  
fantastic day.

# Silly Question of the month

**"If you could visit one planet in the universe, which one would it be"??**

**"The Moon" – Ruby.R.F**

**"The Earth" – Bayden**

**"The hottest one on Earth" – Angela**

**"The Moon"- Alexis**

**"Elsa" – Demi**

**"In the Moon" – Zannah**

**"A pink one" – Jack. D (Todd)**

**"I'm not sure of the answer but maybe it's Mickey Mouse or lion"  
– Charlie. W (Todd)**

**"A blue one"- Tyler**

**"The stars" -Koda**

**"I live in the earth with Mum & Dad & Ryder" -Asher**

**"I think the Australia one" -Sephira**

**"Um, The Moon" - Bodhi**

**"Saturn" - Nicholas**



**Call out for recycled items boxes all sizes,  
empty hand pump containers, plastic  
bottles, any unusual items, material, wool  
etc.**



# Mel's bootcamp

Our awesome educator Mel has a passion in fitness, she planned and implemented mini boot camps with the children in the 3-5yr rooms. The children really loved participating, listening, and putting their best-efforts in.

Asking when they can do it again. Mel even made certificates for the children; they look very proud of their achievements.

